



SECRET SQUIRRELS

SELF-RELIANCE · COMMUNITY RESILIENCE · LIBERTY

READY OR NOT

Tasks & Efforts to Avoid Detection — Concealment · Low Profile · Outside Communication · Mental Resilience

PURPOSE

A practical framework for extended hide situations. Whether sheltering in place or moving between safe locations, these protocols protect you, your people, and those helping you.

◆ LOCATION & CONCEALMENT ◆

FINDING SAFE HIDING PLACES

- ▶ **No street-visible windows** — location must remain visually undetectable
- ▶ **Structural concealment** — prefer interior rooms, basements, or multi-layered access
- ▶ **Pre-arrange before needed** — identified and vetted in advance only

INTERPERSONAL DYNAMICS

- ▶ Stress elevates tension — avoid unnecessary confrontations
- ▶ Human connection is a genuine source of stability in dire circumstances
- ▶ Address conflicts early and quietly before they escalate

◆ MAINTAINING A LOW PROFILE ◆

QUIETNESS & MOVEMENT

- ▶ Remain silent during daytime hours
- ▶ Restrict movement — especially during the day
- ▶ Use common areas only when confirmed safe
- ▶ Assign movement windows to reduce overlap and noise

DAILY ROUTINE

- ▶ Establish a structured daily schedule
- ▶ Include reading, writing, and quiet discussion
- ▶ Routine reduces psychological strain
- ▶ Keep noise consistent — sudden silence is also a signal

DISGUISE & DECEPTION

- ▶ False identities may be required for those not in full hiding
- ▶ Local contacts can use measured misinformation for short-term cover
- ▶ Understand legal implications of any document use before acting

◆ FOOD, SUPPLIES & OUTSIDE SUPPORT ◆

RATIONING & RESUPPLY

- ▶ **Ration at all times** — you must survive the night to see the dawn
- ▶ Helpers shop discreetly and deliver at night
- ▶ Women typically draw less attention during supply runs
- ▶ Vary timing and routes every resupply to avoid pattern detection

OUTSIDE COMMUNICATION

- ▶ Contact only fully trusted friends and helpers
- ▶ Use coded language for all sensitive topics
- ▶ Limit communication frequency — each contact is a risk vector
- ▶ Listen to radio for outside news when safe to do so

◆ MENTAL RESILIENCE & EMERGENCY READINESS ◆

KEEPING SPIRITS UP

- ▶ Reading, writing, and journaling maintain morale
- ▶ Mark and celebrate small milestones
- ▶ Rely on one another for emotional support
- ▶ Acknowledge fear; don't let it dominate decisions

EMERGENCY PLANS

- ▶ Plan for raid scenarios before they happen
- ▶ Designate roles: who moves, who stays, who contacts
- ▶ Identify immediate exit routes from the location
- ▶ Practice quietly — repetition removes hesitation

UNDERGROUND NETWORKS

- ▶ Networks provide safe passage, document coordination, and hiding
- ▶ Compartmentalize — protect members as strictly as your own location
- ▶ These networks represent resistance against erosion of individual freedoms

▲ OPERATIONAL SECURITY

Every unnecessary contact, movement, or noise is a risk. Operate on a strict need-to-know basis. The fewer people who know your location, plans, and timeline — the safer everyone is.

You are not hiding from the world forever. You are buying time. Stay quiet, stay connected to those you trust, and keep your plan ready the moment the window opens.